

# FLEXIBLE CORPORATE WELLNESS PACKAGES

## PREVAIL

Ideal for clients that primarily want a risk management strategy to mitigate health risks and close gaps in care

### Prevail motivates and empowers members to successfully overcome the challenges of chronic disease.

An effective disease management approach, leveraging data from biometric screenings and predictive claims analysis to identify members with uncontrolled chronic disease. An experienced health coach and a pharmacist engage with those members and their personal physicians to form a highly effective care team that closes gaps in care, reducing illness and medical claims. This package includes program management and support, confidential biometric assessments with review of results, claims analysis, disease management, and unlimited on-demand health coaching.

<b>PROGRAM MANAGEMENT</b>	A dedicated client success manager and an experienced program manager, backed by a proven team focused on the success of the program, including planning, coordinating, advocating, evaluating, and communicating.
<b>UNLIMITED ON-DEMAND HEALTH COACHING</b>	Unlimited in-bound health education and support on-demand. Members have access to self-schedule or can receive support to schedule.
<b>PLATFORM</b>	Limited
<b>HEALTH PROMOTION</b>	Year-round advocacy and education with engaging challenges to foster a culture that supports lasting, positive change. Choose the level of support needed from an EHG health promotion specialist to deliver initiatives, ranging from client-led to white-glove concierge service through EHG.
<b>HEALTH SCREENING</b>	Collection and analysis of biometric screening data to identify risk factors driving medical claims, which gauges and guides program progress with objective, clinical data. Biometric screening data collected by a third party may also be used.
<b>BEHAVIORAL HEALTH COACHING</b>	Individual sessions with an expert health coach to develop motivation and confidence, set SMART goals with realistic action plans, and learn about available benefits and resources. Behavioral health coaching provides education, accountability, and support to members throughout the plan year.
<b>DISEASE MANAGEMENT</b>	An effective disease management approach leveraging data from biometric screenings and predictive claims analysis to identify members with chronic disease that is uncontrolled. An experienced health coach and a pharmacist engage not only with the member, but with member's personal physicians to form a highly effective care team that closes gaps in care, reducing illness and medical claims.