

FLEXIBLE CORPORATE WELLNESS PACKAGES

PULSE

Ideal for clients that want to proactively measure health risks



Pulse provides a forward-looking assessment of individual and organizational health risks – and recommendations about what to do about them.

A preventive approach to identify health risk factors driving medical claims. Provides confidential biometric assessments and one-on-one review of results with a health coach. Includes an experienced program manager and support team, unlimited on-demand health coaching, and individual, aggregate, and cohort reports detailing health risks.

PROGRAM MANAGEMENT	A dedicated client success manager and an experienced program manager, backed by a proven team focused on the success of the program, including planning, coordinating, advocating, evaluating, and communicating.
UNLIMITED ON- DEMAND HEALTH COACHING	Unlimited in-bound health education and support on-demand. Members have access to self-schedule or can receive support to schedule.
PLATFORM	Limited
HEALTH PROMOTION	Year-round advocacy and education with engaging challenges to foster a culture that supports lasting, positive change. Choose the level of support needed from an EHG health promotion specialist to deliver initiatives, ranging from client-led to white-glove concierge service through EHG.
HEALTH SCREENING	Collection and analysis of biometric screening data to identify risk factors driving medical claims, which gauges and guides program progress with objective, clinical data. Biometric screening data collected by a third party may also be used.