

FLEXIBLE CORPORATE WELLNESS PACKAGES

PIVOT

Ideal for clients committed to providing the key component for building healthy habits - behavioral health coaching



Pivot cultivates healthy lifestyles in your members, leading to substantial impact.

A proactive approach to measuring and managing health risk factors. Compassionate expert health coaches meet with members to develop trust and motivation, reflecting genuine concern for members' health and well-being. This package includes an experienced program manager, unlimited on-demand health coaching, and confidential biometric assessments with one-on-one review of results. Most importantly, it provides continuous behavioral health coaching that has been proven to motivate and facilitate healthy habits.

PROGRAM MANAGEMENT	A dedicated client success manager and an experienced program manager, backed by a proven team focused on the success of the program, including planning, coordinating, advocating, evaluating, and communicating.
UNLIMITED ON-DEMAND HEALTH COACHING	Unlimited in-bound health education and support on-demand. Members have access to self-schedule or can receive support to schedule.
PLATFORM	Limited
HEALTH SCREENING	Collection and analysis of biometric screening data to identify risk factors driving medical claims, which gauges and guides program progress with objective, clinical data. Biometric screening data collected by a third party may also be used.
RESULTS REVIEW	One-on-one session to review health screening results with a wellness coach which includes results education along with providing warm introductions to available resources from the program and the health and benefits plan.
BEHAVIORAL HEALTH COACHING	Individual sessions with an expert health coach to develop motivation and confidence, set SMART goals with realistic action plans, and learn about available benefits and resources. Behavioral health coaching provides education, accountability, and support to members throughout the plan year.