

# CORE CAPABILITY DISEASE MANAGEMENT PROGRAM

Pharmacist Management , Health Coach, & PCP form the EHG Care Team to close gaps in care.



A highly effective disease management approach that leverages data from biometric screenings and medical & pharmacy claims to identify members with chronic disease that is uncontrolled. An experienced behavioral health coach and a clinical pharmacist engage not only with the member, but with the member's personal physician to form a highly effective care team that closes gaps in care, reducing illness and medical claims.

- Leverages data from multiple sources
  - ✓ Health screening data
  - ✓ Medical & pharmacy claims
- Identifies members with chronic, uncontrolled disease and/or high-risk screening results
- Engages members every month with a behavioral health coach with clinical pharmacist management
- 2 Engages member's primary care provider via pharmacist to form an effective care team



Improved condition management, reduction in illness and medical claims





PARTICIPANT



## **PROVEN RESULTS**

- Over half the members with gaps in care close them in the first year.
- In the last 3 years, our model has resulted in healthcare spend below forecasted amounts with an average cost avoidance of 3X the investment in the program.



How does involving a pharmacist enhance care to achieve more effective outcomes? Let us show you.

Continuous collaboration amongst the participant, their primary care provider, and the EHG pharmacist informs and impacts the treatment plan to drive better outcomes. The pharmacist is an integral part of the care team, focused on aligning care for the patient. With the pharmacist as a centralized member of the team, they effectively serve as a personal care coordinator for the member to navigate the healthcare system and manage their chronic condition(s), helping to reduce claims and their severity.



# THE PATIENT

A meaningful relationship is fostered between the pharmacist and the participant. The participant has accessibility to ask valuable questions about their care and drug therapy.



THE PCP

### Provider reach is extended through pharmacist communication between office visits.

The provider is privy to objective data and trends the pharmacist has observed, providing further insight into the participant's health status.



# THE EMPLOYER

Employers have an effective means of helping members who are often left behind to effectively close costly gaps in care.

Comprehensive care drives measurable & effective outcomes, resulting in a healthier workforce and health plan.

### WHERE DOES HEALTH COACHING COME INTO PLAY?

A health coach serves an integral part of the care team focused on working with the participant on additional aspects of well-being. They focus on addressing lifestyle choices & habits impacting their condition(s), self-care, and determinants of health - including social, financial, and mental health.